

Apps for Occupational Therapy

Jo Booth OTR/L is a working Occupational Therapist who enjoys using Bluebee in her Classrooms. Jo Booth has been an Occupational Therapist for over 35 years, and currently practices at EasterSeals.

Apps for Self-Regulation:

Daniel Tiger's Grr-ific Feelings by PBS KIDS Zen Studios by Edoki Academy Stop, Breathe & Think Kids by Stop, Breathe, and Think PBC Calm by Calm.com

Apps for Sequencing Daily Routines:

Apps by Heppi (Bedtime, Dinner, School) Daniel Tiger's Stop and Go Potty by PBS KIDS Apps by Duckie Deck (almost all routines in manageable chunks)

Apps for Fine Motor Skills:

Dr. Panda Racers by Dr. Panda (pre-writing) Handwriting heroes by Cheryl Bregman Montessori Prechool by Edoki Academy Apps/Podcasts Music to Facilitate Sensory-Motor Activities: The Little Gym 20 Sing-Along Fun Songs Read Aloud Stories by Nosy Crow (podcasts to use with books) GoNoodle Kids by GoNoodle

Apps for learning Praxis or Functional Play: (to be used in conjunction with manipulatives) Mr. Potato Head: Create and Play by Originator Inc. Piko's Blocks + - Spatial Reasoning Learning Tool by Creetah Ltd. Lego Apps®